

Doing work.

Pick a few issues to focus on!

Injustice and inequity are systematic and institutionalized. When everything is a complex web, it makes it even harder for us to focus on problems we want to tackle, which can leave us paralyzed, not doing anything at all. Think about what issues are most important to you and what tasks lend themselves to your strengths.



Unpack and Educate Yourself!

Education is often a first step, but shouldn't be your only step. Make sure to set up consistent ways to educate yourself, like signing up for newsletters or following certain social media accounts. Then make goals to dig deeper on important topics by reading books, watching movies, and listening to people who share their lived experiences with you.

Take Action!

As one person, you can't tackle every problem. Set attainable goals for actions that fit your strengths, schedule, and financial situation.

Charitable

Work/Philanthropy

Meet basic needs and aid individuals -
treat the symptoms of injustice

Volunteer
Tutor/Mentor

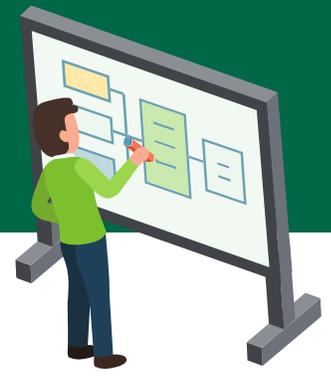
Donate food, products, or money for direct use

Social Justice

Remove root causes and improve structures

Vote, campaign, protest, call legislators
Sign petitions, join organizations
Advocate in classrooms, workplaces, and with family
Donate money to advocacy organizations
Choose a career that actively works toward justice

Make a Plan!



Consistent Actions

Education: Social Media Accounts, Podcasts, Newsletters

Actions (Charity and Justice): Monthly Donations, Volunteering, Organizations, Political Organizing

Long-term Goals

What are some areas you want to really focus your time on? (i.e. education, healthcare, housing, food insecurity, policing)

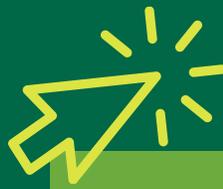
Remember that all of these systems impact each other; none are mutually exclusive. We always have to remember to view our work with an intersectional and inclusive lens.

What are your skills and strengths?

What are your long-term action plans and goals?

What are you doing now and/or in the near future to work toward your long-term goals?

Resources



University of South Florida

Office of Multicultural Affairs

The Office of Multicultural Affairs (OMA) coordinates educational, cultural, and social programs to foster experiences which create interculturally mature global citizens who are prepared to thrive in diverse environments.

SafeZone Training

UndocuALLY Training

QTPOC & Coffee

Heritage Month Boards

LGBTQ+ Ice Cream Social

Identity-based Mixers

Intercultural Student Leadership Conference

Student Organizations

Student organizations are a great way to find community and work together to advance justice.

The full list of USF student organizations can be found through the Center for Leadership and Civic Engagement (CLCE).

The Office of Multicultural Affairs (OMA) also features a coalition of multicultural student organizations on their website.

*Counseling - Confidential**

The USF Counseling Center offers individual and group counseling for students, free of charge.

USF Anti-Racism Page

USF's Anti-Racism page features resources, university event information, and helpful links. You can report bias through the Office of Diversity, Inclusion, and Equal Opportunity on this page as well.

There are so many amazing resources at USF and beyond. We could never fit them on one sheet! If you're looking for something specific, let us know, but here are some online toolkits we love!

Drake University

<https://www.drake.edu/diversity/getinvolved/resources/social-justice-toolkit/>

Western Washington University

https://www.wwu.edu/teachinghandbook/course_design/social_justice_toolkit.shtml

Stonewall Suites

This Living Learning Community (LLC) is an inclusive community where LGBTQ+ and allied students can find and create an environment of awareness, respect, and advocacy for all sexual orientations and gender identities.

*Student OMBUDS - Confidential**

An ombudsman is a neutral third party who helps students and/or employees address problems, concerns, and complaints through informal means such as conversation, mediation, and other problem solving strategies. If you have had an issue with a staff member, faculty, or fellow student, but aren't wanting to make an official report, you can go to the Ombuds Office for help.

*Florida State law established that confidentiality does not apply when you are considered at immediate risk for harming yourself, you are considered at immediate risk for harming others, child abuse, abuse of elderly persons or persons with disabilities, or a court order. Additional limits to confidentiality apply for students under the age of 18.