8 SIMPLE TIPS

- Smile
- Consider body language
- Do not interrupt
- Be encouraging
- Admit when you don't know the answer
- Be curious
- Be present
- Give the student space

APPRECIATIVE ADVISING: DISARM

“Initial creation of a safe, welcoming environment for students (Bloom et al., 2008, p. 35)

- Key features include: a warm welcome, a safe, clean, and welcoming environment, self-disclosure as appropriate, and nonverbal behavior that communicates openness
- Advisors can use self-reflection as a tool to improve their rapport building skills.

“You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make.”

Some ideas for icebreakers:
1. Besides graduating, what is your number one goal for your remaining time at college?
2. What is your best study tip?
3. What’s your favorite class this semester?
4. What’s been your favorite class so far?