Beyond 1-on-1 Coaching
Welcome!

Meet your presenters:

Adrienne Gaines, Associate Director
First-Year Engineering Program
University of Arkansas- Fayetteville

Rachel Piontak, Academic Coach
First-Year Engineering Program
University of Arkansas- Fayetteville
FEP is designed to help first-year students transition to college and prepare them to be a successful student in their first- and subsequent years—both inside and outside the classroom.

Before the ENGR coaching program, there were 2 part-time campus-wide coaches attempting to serve all academic coaching needs of the campus community. With 100+ Engineering students on academic probation each semester, it was impossible to offer enough coaching appointments.

FEP advisors were stretched to capacity with advising loads, teaching, and administrative tasks and supporting as many students as possible with limited time.
First-Year Engineering: Now

Now, students get connected with coaching in their first year and it's available for them throughout their time at the university.

Funding from Student Success has allowed us to grow the program since the first year in 2019, adding a second full-time coach and two part-time GA positions.
Academic Coaching

What it is and is not:
- Coaching is a "co-creative process to determine what success looks like for each individual and takes a proactive approach to both short and long-term success" (InsideTrack, 2016).
- Academic coaching should complement, not replace or compete with, academic advising.

Our coaching program:
- Made up of 2 part-time staff (GA) and 2 full-time staff; 1 academic coach is certified through 75-hour Coach Training EDU.
- Voluntary for students and even referrals require student initiative.
- Meets one-on-one with students, facilitates workshops, offers group coaching and guest lecturing, and other programmatic initiatives as capacity allows.
- Manages virtual resources in a Blackboard course and maintains consistent communication through email, Teams, and text.
How it started v. How it's going

560
MEETINGS IN THE 19-20 ACADEMIC YEAR

771
MEETINGS IN THE 20-21 ACADEMIC YEAR
Directed Outreach

- Early Alert Reports
- Email, Text, MS Teams Calls
- Shared Outreach List
MS Teams: Call & Transcribed
Voicemail as Email

Directed Outreach Examples

Shared Outreach List
Happy new semester, Jade! This is Ms. Priorak, the ENGR Academic Coach, & I'm here to support your academic goals. Look out for periodic texts from me!

Don't forget to save this number in your phone! Don't want these texts? Reply cancel.

Can we meet on Wednesday?
Faculty & Staff Collaboration

- Referrals
- In-Class Presentations, "Don't Cancel Class"
- Coaching Training & Resources
Easter Egg Hallway Hunt

Programming

Relational & Informational

Group Coaching
Programming Pt. 2
Relational & Informational

“All About Study” Finals Prep Initiative

Garden Gathering
SKILL UP YOUR SEMESTER
WITH ENGR POWER HALF HOUR WORKSHOPS

WORKSHOPS TAKE PLACE IN PERSON IN THE H.O.L.E (ENGR 334)*

- 9/08, 10am: Crafting Your Study Schedule
- 9/21, 12pm: Math-Specific Study Strategy
- 10/04, 11am: Learn How You Learn
- 10/19, 2pm: How to Survive Group Projects
- 11/10, 4:30pm: How to Game Well in College
- 12/07, 3pm: Final(s) Preparation

RSVPs encouraged but not required.
ENGR Academic Coaching

Home Page

My Announcements

No Course or Organization Announcements have been posted in the last 7 days.

What's New

Other new content (1)
Blank Weekly Calendar - Fall 2021

Counseling & Psychological Services

Navigating this unprecedented time can be stressful and challenging for many, which is why CAPS is making every effort to ensure critical mental health services and resources remain available for the university community. Visit https://health.uark.edu/mental-health/ for more information.

ENGR Academic Coaching Blackboard Page
### Time Management

<table>
<thead>
<tr>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blank Weekly Schedule- Excel</td>
<td>A blank Excel spreadsheet for managing weekly schedules.</td>
</tr>
<tr>
<td>Step-by-Step Guide to Build Study Schedule</td>
<td>A guide on how to create a study schedule.</td>
</tr>
<tr>
<td>Blank Weekly Schedule- PDF</td>
<td>A PDF version of the blank weekly schedule.</td>
</tr>
<tr>
<td>Free Calendar Templates</td>
<td>Resources for creating and using calendar templates.</td>
</tr>
<tr>
<td>How To Manage Time Effectively- Class</td>
<td>A class on managing time effectively.</td>
</tr>
<tr>
<td>Engineering Time Management</td>
<td>Attached file: Engineering Time Management.pdf (192.807 KB)</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Task</th>
<th>Frequency</th>
<th>Notes/Process</th>
</tr>
</thead>
<tbody>
<tr>
<td>Update active roster</td>
<td>Monthly</td>
<td></td>
</tr>
<tr>
<td>Update UA Success roster</td>
<td>Monthly</td>
<td></td>
</tr>
<tr>
<td>Update Signal Vine contacts</td>
<td>Monthly</td>
<td></td>
</tr>
<tr>
<td>Spot check referrals on outreach spreadsheet</td>
<td>Monthly</td>
<td></td>
</tr>
<tr>
<td>Refresh hardcopy resources in office and hallway</td>
<td>Monthly</td>
<td></td>
</tr>
<tr>
<td>Signal Vine scheduled texts</td>
<td>Monthly</td>
<td>Ideally will move to only 1x/semester</td>
</tr>
<tr>
<td>Update GPAs on active roster</td>
<td>Semesterly</td>
<td>May/December</td>
</tr>
<tr>
<td>Coaching Blackboard page: Review/update (if needed)</td>
<td>Semesterly</td>
<td></td>
</tr>
<tr>
<td>Update Blackboard student list</td>
<td>Semesterly</td>
<td>January/August: Ask Adrienne for list of current ENGR students; email list and request to BS admin; double check that DASC are included</td>
</tr>
<tr>
<td>Add/update drop-in hours in UA Success</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Add/update coaching office hours in UA Success</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Add biweekly admin work blocks to Outlook calendar</td>
<td>Semesterly</td>
<td>January/June</td>
</tr>
<tr>
<td>Clean up outreach spreadsheet</td>
<td>Semesterly</td>
<td></td>
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<tr>
<td>Update Inactive students in UA Success/on spreadsheet/in SV</td>
<td>Semesterly</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Hardcopy Resources: Review/print (as needed)</td>
<td>Semesterly</td>
<td></td>
</tr>
<tr>
<td>Update flyers</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Schedule workshops in UA Success</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Create and post workshop flyers</td>
<td>Semesterly</td>
<td>January/August: Print 20 and give to Dean's Office in Bell for posting; post others in ENGR</td>
</tr>
<tr>
<td>Print/post semester monthly and weekly calendars for students</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Assessment Survey: Review/update (if needed)</td>
<td>Semesterly</td>
<td>January/August</td>
</tr>
<tr>
<td>Pull UA Success tracking reports</td>
<td>Annually</td>
<td>Danielle</td>
</tr>
<tr>
<td>Clean Coaching folders and sub-folders</td>
<td>Annually</td>
<td>Delete duplicates, archive old projects</td>
</tr>
</tbody>
</table>
Brainstorming

What could you take back to your campus? What other ideas has this presentation generated for you?
Questions?

Feel free to reach out!

@ Adrienne: gaines@uark.edu

@ Rachel: rpiontak@uark.edu