Planning for the Day after the Pandemic Ends
Reflection Questions for Participants

My overall self:
• What experiences make me who I am?

My advising self:
• What does a student want / need from advisors?

• What does staff want / need from school leadership?

• How do my personal skills and experience eliminate barriers / create relationships?

• What advising skills work in the post-pandemic college? Why?

• Where can I get access to academic / financial / COVID resources to promote change?

The school I am a part of:
• How can my school help the community during the pandemic?

• What community resources allow the college to effect change effectively and efficiently?

• How does the school implement its staff’s ideas for change?

How did my school put it all together?
Books that Taught Me Empathy and / or Resilience

1. Viktor Frankl – Man’s Search for Meaning
2. Harold Kushner – When Bad Things Happen to Good People
3. Laurence Gonzales – Deep Survival
4. Laurence Gonzales – Surviving Survival
5. David Brooks – The Second Mountain
6. Jackie Robinson – I Never Had It Made
7. Aron Ralston – Between a Rock and a Hard Place
8. Michael J. Fox – Lucky Man
9. Dan Goleman – Emotional Intelligence
10. Nora McInerny – No Happy Endings
11. Dalai Lama, Bishop Tutu, and Douglas Adams – Book of Joy
13. Albert Camus – The Plague
15. Malcolm Gladwell – David and Goliath

Thanks for your time and attention!

It has been an honor to teach you about my school’s personal experience during COVID days. This learning session feels like the perfect culmination of a 25-year journey since I enrolled as a student at Reading Area Community College in the fall of 1996 to begin my life in higher education. Thank you for allowing me to share this experience with you! A huge thank you to NACADA for all it does for advisors and students. I would also like to thank Dr. Susan Looney, Kay Litman, Tim Kast, Mike Gregory, Dr. Steve Matthews, and my coworkers for their assistance in planning this presentation.

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